



# Native Wellness Institute Wellness in the Workplace

November 10 - 12, 2010  
Las Vegas, NV

**Wellness in the workplace teaches us to get along with our co-workers, build a sense of team, communicate in a good way, resolve conflict and learn skills to help our professional growth and development while we strive to do our best at work. This training will help us to understand where those negative behaviors come from and more importantly, how and what we can do to be a positive contributing member of our place of work! You will learn stress reduction techniques as well as go home with a plan of action to bring the information back to work to share with others.**

## TRAINERS



**Clayton Small** has experience as an elementary, middle, and high school principal in rural and urban American Indian communities. He has been a faculty member and administrator at three universities. As a consultant for the Indian Health Service and Bureau of Indian Affairs, he developed comprehensive prevention models and strategies for suicide, substance abuse, violence, trauma, depression, and community mobilization. He conducts team-trust building, youth leadership, and men's wellness programs nation-wide. His doctoral dissertation was a study examining the struggles for Native men in wellness and recovery. His programs offer leadership and hope for American Indian/Alaska Native.



**Theda New Breast** is a Montana born Blackfeet Indian. She is one of the pioneers in the Native Training field in addition to being one of the original committee members for the Men's and Women's Wellness gatherings. She has more than 25 years professional experience in providing healing and training workshops centered on alcohol and other drug use prevention. Theda served as President of the National Organization on Fetal Alcohol Syndrome Prevention from 1990-1995. She just completed an appointment as an expert consultant to Dr. Nelba Chavez, for the Substance Abuse and Mental Health Services Administration in 1999 and was presented with the Hammer Award by Vice President Albert Gore for increasing government efficiency for her success in providing assistance to the Tribes. Theda is the founder and lead writer of the Gathering on Native Americans (GONA) curriculum. She has been a Board member of new and cutting edge Native Wellness Institute for the past 10 years.



**Amanda L. Old Crow** is a comedian, singer, actress, youth motivational speaker and trainer. She is an excellent role model for the seventh generation. She was born in Crow Agency, Montana. Old Crow was raised on the Crow reservation during her early years and later moved to the neighboring Northern Cheyenne reservation. Old Crow graduated from Lame Deer High School with honors, and has lived on the Blackfeet reservation outside of Glacier National Park ever since. Amanda lifetime Goal is to promote the teachings of our Ancient Ancestors in the Contemporary World.

## TRAINING TOPICS

Team-Building  
Native Wellness  
Wellness in the Workplace  
Healthy Communication  
Conflict Resolution  
Leadership Development  
Unhealthy Work Behaviors  
Stress Reduction and Self Care

## DAILY TRAINING SCHEDULE

### Wednesday 10th

8:00 am Registration  
8:30am - 5:00pm Training

### Thursday 11th

8:30am - 5:00pm Training

### Friday 12th

8:30am - Noon Training

## REGISTRATION FEES

The early-bird registration fee is \$375. To qualify for the early-bird registration fee, payment or purchase orders must be **postmarked or received by Wednesday, October 27, 2010**. Registrations received after **Wednesday October 27, 2010** and on-site registration fees will be \$475. Purchase orders must be pre-approved. Please visit our website for other payment options as well.

## HOTEL INFORMATION

South Point Hotel & Casino  
9777 Las Vegas Blvd. South  
Las Vegas, NV 89183  
Hotel Telephone # 702-796-7111  
Website: [www.southpointcasino.com](http://www.southpointcasino.com)

Room rate is \$65 during the week (Sun-Thur) rate is \$95 (Fri/Sat), plus 12%tax. Deadline for making room reservations is October 15 , 2010. Mention you are attending the Indian National Finals Rodeo event to get the reduced rate. Please call reservations at 1-866-791-7626.

The South Point Casino Hotel offers a scheduled airport shuttle to and from McCarran Airport free of charge. If you are planning on using the airport shuttle, please call and make reservations, by calling toll free 1-866-796-7111 and asking for shuttle reservations. Reservations should be made at least 24 hours prior to arrival, seating is limited and only those with reservations will be allowed to board.

**Wellness in the Workplace Training Registration Form:**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Job Title: \_\_\_\_\_ Employer: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_  
Tribal Affiliation: \_\_\_\_\_

Registration Fee: \$375

Includes training sessions, morning and afternoon breaks, wellness activities, and training materials.

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**Please register me for the Wellness in the Workplace Training:**

- Enclosed is a check, money order or purchase order for \$375.
- I will pay \$375 by Visa or Mastercard (circle one)
- I missed the **Wednesday October 27, 2010**. Enclosed is a check for \$475.

**If paying by credit card please fill out the following information:**

Cardholders name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Billing address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Credit card number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_  
Security code: \_\_\_\_\_ Signature: \_\_\_\_\_

**3 Easy Ways to Register:**

1. By fax
2. By mail
3. Online at [www.nativewellness.com](http://www.nativewellness.com)

**If registering by fax please include copy of check or purchase order. Checks must be received by Wednesday October 27, 2010 to qualify for early bird registration fee.**

**Send Registration & Payment to:**

Native Wellness Institute  
2830 SE Cleveland Drive  
Gresham, OR 97080  
Fax: 503-669-8339

**For More Information:**

Contact Kim Just  
Executive Administrative Assistant  
775-773-2091  
Or email at  
[kjust@nativewellness.com](mailto:kjust@nativewellness.com)



**Cancellation Policy:**

Refunds, less a \$75 administration fee, will be made if written cancellation notice is postmarked on or before the registration deadline. Prepaid registrants who are unable to attend may send a replacement participant at no additional charge. No refunds after Monday, November 1, 2010.