

**Native Wellness Institute**

**Leading the Next Generations  
Healthy Relationships Training of Trainers  
March 13 – 15, 2012  
Mystic Lake Casino Resort  
Prior Lake, MN**

**AGENDA**

**Tuesday, March 13<sup>th</sup>**

7:30am Registration/Continental Breakfast  
8:30am Introduction, Welcome, Teambuilding  
9:30am Chapter 1: Introduction to Healthy Relationships  
10:30am Break  
10:45am Chapter 2: Recognizing Historical Trauma  
Noon Lunch  
1:30pm How to be a Trainer  
2:00pm Chapter 3: Gender Differences  
3:00pm Break  
3:15pm Chapter Assignments & Preparation  
5:00pm Adjourn

**Wednesday, March 14<sup>th</sup>**

8:00am Continental Breakfast  
8:30am Opening, Check-in, Review  
9:00am How to be a Trainer  
10:00am Prepare Presentations  
10:30am Break  
10:45am Small Group Presentation I  
12:00pm Lunch (on your own)  
1:30pm Small Group Presentation II  
2:45pm Break  
3:00pm Small Group Presentation III  
4:15pm Closing  
5:00pm Adjourn

**Thursday, March 15<sup>th</sup>**

8:00am Continental breakfast  
8:30am Opening  
9:00am Small Group Presentation IV  
10:30am Break  
10:45am Small Group Presentation V  
Noon Lunch  
1:30pm Small Group Presentation VI  
2:45pm Break  
3:00pm Small Group Presentation VII  
4:15pm Closing  
5:00pm Adjourn

**NATIVE WELLNESS**  
*Institute*