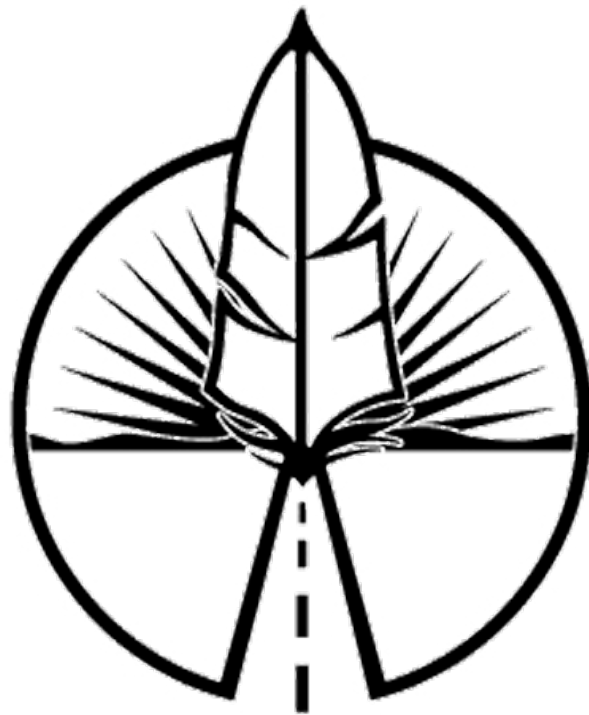


# Adults Working with Native Youth Warriors, Winners and Champions

February 5 - 7, 2019

Grand Sierra Resort and Casino

Reno, Nevada



**NATIVE WELLNESS**  
*Institute*

Training provided by the Native Wellness Institute  
[www.NativeWellness.com](http://www.NativeWellness.com)

*The Native Wellness Institute exists to promote the well-being of  
Native people through programs and trainings that embrace  
the teachings and traditions of our ancestors.*

# Meet the Trainer



## **Robert Johnston (Muskogee Creek/Choctaw)**

*“When you hold back, you stand behind the mountain. When you step up, you stand on top of it!”*

Robert is a founding member of the Native Wellness Institute and a popular Native American speaker and coach who has served Indian Country for over 15 years. He uses humor, storytelling, and music in his highly interactive presentations. As a leadership trainer for youth, Robert has served many organizations including White Bison, United National Indian Tribal Youth (UNITY), National Congress of American Indian (NCAI), and the Native Wellness Institute. He is a certified hypnotist and has studied Sports Motivation. Robert’s hypnosis shows have delighted Native communities all over the United States and Canada.

# Agenda

February 5, 2019



7:30 am	Registration
8:30 am	Opening Ceremony Welcome, Blessing, Introduction, Why We're Here Overview, Ice-breaker
9:30 am	Building Team and Trust
10:15 am	Break
10:30 am	Native Wellness - Living in Balance
Noon	Lunch (on your own)
1:30 pm	Being a Trauma-Informed Youth Worker
3:00 pm	Break
3:15 pm	Brain and Social Development
4:30 pm	Closing
5:00 pm	Adjourn

# Agenda

February 6, 2019



8:30 am	Opening Ceremony Welcome, Blessing, Review Check-in, Ice-breaker
9:30 am	Building Team and Trust with Youth
10:30 am	Break
10:45 am	Leadership Development Tools
Noon	Lunch (on your own)
1:30 pm	Coaching Skills and Drills
3:00 pm	Break
3:15 pm	Coaching, Inspiring and Motivating
4:30 pm	Closing
5:00 pm	Adjourn

# Agenda

February 7, 2019



8:30 am	Opening Ceremony Welcome, Blessing, Review Check-in, Ice-breaker
9:30 am	Building Team and Trust with Youth
10:30 am	Break
10:45 am	Healing Strategies for Youth Programs
Noon	Lunch (on your own)
1:30 pm	Power of Positivity
3:00 pm	Break
3:15 pm	Working with Native Youth
4:30 pm	Closing
5:00 pm	Adjourn

## Training Evaluation

**Adults Working with Native Youth**  
**February 5 - 7, 2019**  
**Reno, Nevada**



**Please respond to the following statements and questions. Please circle one number for each statement or question. (Circle one)**

	Agree				Disagree
1. Did the workshop meet your needs?	5	4	3	2	1
2. Trainer was informative and effective.	5	4	3	2	1
3. Topics were relevant and helpful.	5	4	3	2	1
4. Location of workshop.	5	4	3	2	1
5. Training manuals (If used) are useful.	5	4	3	2	1
6. Level of value you received by your attendance.	5	4	3	2	1
7. The training is culturally relevant?	5	4	3	2	1

8. Which topic was most helpful to you and why?

9. Would you recommend training to others? If yes, Why?

10. Provide feedback on the trainers using a 5 - 1 scale with 5 as best.

Trainer (s)	Knowledge	Preparation	Understand	Delivery	Helpful
<b>Robert Johnston</b>	_____	_____	_____	_____	_____

Comments:

11. What other type of workshops or conferences would you suggest for the future?

12. Other Comments/Suggestions: