

Adults Working with Native Youth Training of Trainers

May 12 - 14, 2020

Coeur d'Alene Tribe Resort and Casino
Coeur d'Alene, Idaho



Training provided by the Native Wellness Institute
www.NativeWellness.com

*The Native Wellness Institute exists to promote the well-being of
Native people through programs and trainings that embrace
the teachings and traditions of our ancestors.*

Meet the Trainer



LoVina Louie (Coeur d'Alene, Colville, Nez Perce)

LoVina is schitsu'umsh (Coeur d' Alene) Tribe, nselxcin (Okanogan/ Colville), Nimipu (Nez Perce) she is a descendant of Chief Morris Antelope of the schitsu'umsh and Chief Manuel Louie of the Inkaneep Band in Oliver BC Canada. She is a graduate of the University of Idaho where she received her Bachelors in Organizational Sciences with an emphasis in Community and Tribal Wellness. She was recently featured on Lifetime Movie Network 50 Women in 50 States and a speaker at the TEDx Coeur d'Alene event. LoVina is a board member for the Native Wellness Institute, a national trainer and facilitator in youth leadership development, strategic planning, family constellations and community healing and wellness planning. She also has certifications from the Healthy Native Communities Fellowship. She has worked with youth

and adults in wellness and healing for over twenty years throughout North America. LoVina is the visionary behind the newly developed and revolutionary exercise series "Powwow Sweat" and co-directed the American Indian Film Festival and Red Nation Film Festival award winning music video "We Shall Remain." As a former Miss Indian World she travelled to hundreds of tribal communities and this experience expanded her world view and desire to help all Indigenous people. LoVina is a wife, mother, grandmother, daughter, sister, friend and an amazing human being. Her passion and zest for life is infectious.

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Tuesday, May 12, 2020

8:00 am	Registration
9:00 am	Opening
9:30 am	Building Team
10:00 am	Native Wellness
10:30 am	Break
10:45 am	Traditional Values
Noon	Lunch (on your own)
1:30 pm	Training Skill Development
3:00 pm	Break
3:15 pm	Party Like It's 1491
4:30 pm	Closing
5:00 pm	Adjourn

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Wednesday, May 13, 2020

9:00 am	Opening
9:30 am	Healthy Communication
10:30 am	Break
10:45 am	Training Skill Development
Noon	Lunch (on your own)
1:30 pm	Preparation and Practice
2:00 pm	Group Presentation: Healthy Communication
3:00 pm	Break
3:15 pm	Group Presentation: Healthy Relationships
4:30 pm	Closing
5:00 pm	Adjourn

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Thursday, May 14, 2020

9:00 am	Opening
9:30 am	Group Presentation: Healthy Sexuality
10:30 am	Break
10:45 am	Group Presentation: Traditional Leadership
Noon	Lunch (on your own)
1:30 pm	Group Presentation: Decision Making
2:30 pm	Training Skill Development
3:00 pm	Break
3:15 pm	Group Presentation: Vision
4:30 pm	Closing
5:00 pm	Adjourn