

# Adults Working with Native Youth Healthy Relationships & Sexuality

March 10 - 12, 2020

Miami, Florida



Training provided by the Native Wellness Institute  
[www.NativeWellness.com](http://www.NativeWellness.com)

*The Native Wellness Institute exists to promote the well-being of  
Native people through programs and trainings that embrace  
the teachings and traditions of our ancestors.*

# Meet the Trainers



**Jillene Joseph  
(Gros Ventre)**

Jillene is an enrolled member of the Gros Ventre or Aaniiih people from Fort Belknap, Montana. She lives in Oregon with her life partner and children. She is the Executive Director of the Native Wellness Institute and helped to found the national non-profit organization in 2000. She has a Bachelors of Science degree in Community Health Education and has served Indian Country for 30 years providing training and technical assistance in a variety of areas. Jillene has traveled to hundreds of Native communities and interacted with and learned from thousands of people. Whether she is providing youth leadership training, assisting women heal from childhood trauma or helping to bring wellness to the workplace, Jillene shares her passion for being positive, productive and proactive. She enjoys beading, reading, pow wowing

and spending time with family and friends.



**Robert Johnston (Muskogee Creek/Choctaw)**

“When you hold back, you stand behind the mountain. When you step up, you stand on top of it!”

Robert is a founding member of the Native Wellness Institute and a popular Native American speaker and coach who has served Indian Country for over 15 years. He uses humor, storytelling, and music in his highly interactive presentations. As a leadership trainer for youth, Robert has served many organizations including White Bison, United National Indian Tribal Youth (UNITY), National Congress of American Indian (NCAI), and the Native Wellness Institute. He is a certified hypnotist and has studied Sports Motivation. Robert’s hypnosis shows have delighted Native communities all over the United States and Canada.

# Adults Working with Native Youth Healthy Relationships & Sexuality

March 10, 2020

<b>8:00 am</b>	<b>Registration</b>
<b>9:00 am</b>	<b>Opening Ceremony Welcome, Blessing, Introductions Why We're Here</b>
<b>9:30 am</b>	<b>Building Team and Trust</b>
<b>10:30 am</b>	<b>Break</b>
<b>10:45 am</b>	<b>Healthy Relationships</b>
<b>Noon</b>	<b>Lunch (on your own)</b>
<b>1:30 pm</b>	<b>Traditional Teachings on Relationships</b>
<b>3:00 pm</b>	<b>Break</b>
<b>3:15 pm</b>	<b>Unhealthy Relationships</b>
<b>4:30 pm</b>	<b>Closing</b>
<b>5:00 pm</b>	<b>Adjourn</b>

# Adults Working with Native Youth Healthy Relationships & Sexuality

March 11, 2020

<b>9:00 am</b>	<b>Opening Ceremony Welcome, Blessing, Check-in Review</b>
<b>9:30 am</b>	<b>Teen Dating Violence and Sexual Assault</b>
<b>10:30 am</b>	<b>Break</b>
<b>10:45 am</b>	<b>Being Trauma and Healing Informed</b>
<b>Noon</b>	<b>Lunch (on your own)</b>
<b>1:30 pm</b>	<b>How to Leave an Unhealthy Relationships</b>
<b>2:30 pm</b>	<b>Field Trip to Miccosukee Tribal Headquarters/Everglades</b>
<b>6:00 pm</b>	<b>Return to Hotel</b>

# Adults Working with Native Youth Healthy Relationships & Sexuality

March 12, 2020

<b>9:00 am</b>	<b>Opening Ceremony Welcome, Blessing, Check-in Review</b>
<b>9:30 am</b>	<b>Healthy Sexuality</b>
<b>10:30 am</b>	<b>Break</b>
<b>10:45 am</b>	<b>Traditional Sexuality Teachings</b>
<b>Noon</b>	<b>Lunch (on your own)</b>
<b>1:30 pm</b>	<b>Gender Identity</b>
<b>3:00 pm</b>	<b>Break</b>
<b>3:15 pm</b>	<b>LGBTQ2</b>
<b>4:30 pm</b>	<b>Closing</b>
<b>5:00 pm</b>	<b>Adjourn</b>