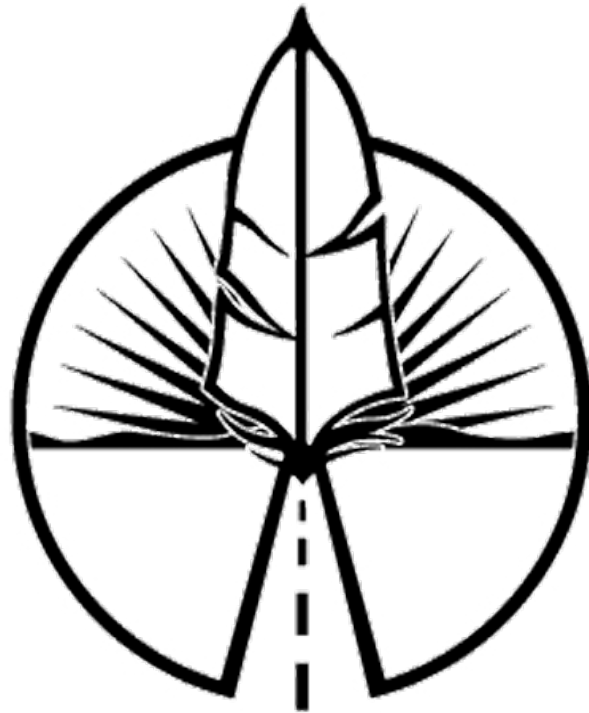


Being Trauma Informed

March 12 - 14, 2019

Miccosukee Resort

Miami, Florida



NATIVE WELLNESS
Institute

Training provided by the Native Wellness Institute
www.NativeWellness.com

*The Native Wellness Institute exists to promote the well-being of
Native people through programs and trainings that embrace
the teachings and traditions of our ancestors.*

Meet the Trainer



Jillene Joseph
(Gros Ventre)

Jillene is an enrolled member of the Gros Ventre or Aaniiih people from Fort Belknap, Montana. She lives in Oregon with her life partner and children. She is the Executive Director of the Native Wellness Institute and helped to found the national non-profit organization in 2000. She has a Bachelors of Science degree in Community Health Education and has served Indian Country for 30 years providing training and technical assistance in a variety of areas. Jillene has traveled to hundreds of Native communities and interacted with and learned from thousands of people. Whether she is providing youth leadership training, assisting women heal from childhood trauma or helping to bring wellness to the workplace, Jillene shares her passion for being positive, productive and proactive. She enjoys beading, reading, pow wowing and spending time with family and friends.

Agenda

Tuesday, March 12, 2019



7:30 am	Registration
8:30 am	Opening
9:30 am	Building Team
10:30 am	Break
10:45 am	Review: Historical and Inter-generational Trauma
Noon	Lunch (on your own)
1:30 pm	Trauma and Healing
3:00 pm	Break
3:15 pm	Trauma and the Brain
4:30 pm	Closing
5:00 pm	Adjourn

Agenda

Wednesday, March 13, 2019



8:30 am	Opening
9:30 am	Trauma and Behavior
10:30 am	Break
10:45 am	Trauma and the Brain and Behavior
Noon	Lunch (on your own)
1:30 pm	Being Trauma Informed
3:00 pm	Break
3:15 pm	Trauma Impact: Individual, Work, Community
4:30 pm	Closing
5:00 pm	Adjourn

Agenda

Thursday, March 14, 2019



8:30 am	Opening
9:30 am	Moving Past Trauma
10:30 am	Break
10:45 am	Trauma Informed Programming
Noon	Lunch (on your own)
1:30 pm	Trauma Informed Policies
3:00 pm	Break
3:15 pm	Historical Wisdom
4:00 pm	Closing
4:30 pm	Adjourn