



**NATIVE WELLNESS**  
*Institute*

JOIN US —————

## **ADULTS WORKING WITH NATIVE YOUTH**

Young people who grow up with cultural teachings and opportunities for healing grow up to be well-balanced adults with cultural teachings and opportunities to live by cultural values. This training is for youth workers and others who serve youth who want to bring back more skills, information, techniques, and resources in order to better serve Native youth. A team of Native adults representing different tribal nations, all who utilize culture-based programming with their youth programs, will be the facilitators.

Ceremony, traditional games, healing processes, and more will be included in this highly interactive three-day training that will leave you changed in a good way and with a road map to bring this positive change back to your young people.

**DECEMBER  
3 - 5**

Pechanga  
Government  
Center  
Temecula, CA

- Working with Native Youth
- How to Build Team and Trust
- Significance of Integrating Culture
- Traditional Games
- Connecting to the Land
- Tools for Wellness and Healing
- Youth Work through a Native Trauma and Healing Lens
- Self Awareness to Youth Awareness
- Wellness in the Workplace for Youth Programs



For more information and to register visit  
[www.NativeWellness.com](http://www.NativeWellness.com)