

PICK 5 FOR THE ENVIRONMENT

1. Learn about Greenscaping! Try it out at home and promote it in your community.
2. Learn about the native species and the negative effects of non-native plants and animals in the environment. Plant native species that are important to your tribe. Encourage important pollinators such as bees and birds by planting gardens full of their favorite plants.
3. Save energy at home. Choose energy-saving appliances if they're available. Look for Energy Star!
4. Go renewable! Create your own power from wind, the sun, water, or biofuels.
5. Find alternate ways to reduce use of diesel and other fuels for transportation, production and energy.



NATIVE WELLNESS
Institute



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