

Gathering of Native Americans (GONA)

August 11 - 13, 2020

Suquamish, WA



Training provided by the Native Wellness Institute
www.NativeWellness.com

*The Native Wellness Institute exists to promote the well-being of
Native people through programs and trainings that embrace
the teachings and traditions of our ancestors.*

Meet the Trainers



Theda New Breast, M.P.H. (Montana Blackfeet)

Theda is a founding board member and master trainer/facilitator for the Native Wellness Institute (NWI). She is one of the pioneers in the Native training field and an original committee member for the Men's and Women's Wellness gatherings. Theda has been a leading authority on Indigenous Cultural Resilience Internationally and has worked with over 500 Tribes in 34 years on Proactive Healing from Historical Trauma, Post Traumatic Growth, Mental Health Healing, and Sobriety/Recovery/Adult Child of Alcoholic (ACOA). She is the co-founder and co-writer of the GONA (Gathering of Native Americans) curriculum, one of the Ten Effective Practices and Models in Communities of Color. Theda has facilitated over 600 GONA's. She lives on the Blackfeet Reservation in Northern Montana and is a Khan-nat-tso-miitah (Crazy Dog) Society member, herbalist, Sun dancer, Pipe Carrier, and lives as Niitsitapi, like all her Ancestors for thousands of years. In 2013, The Red Nations Film Festival Honored Theda with a Humanitarian Award for her lifetime of healing work with tribes and with a Red Nations statuette for her documentary short called, "Why The Women in My Family Don't Drink Whiskey." The Blackfeet Tribal Council has recognized her Leadership skills and appointed her unanimously to The Board of Trustees for Blackfeet Community College for years 2014-2017.



Marcus Red Thunder (Cree)

Marcus was raised on northern Cheyenne reservation in Montana and is a trainer and consultant with the Native Wellness Institute. He has over 20 years of experience in Native wellness with special emphasis on men's, women's, and youth leadership, experiential education and training with culture coordinators in therapeutic group home settings, cultural competency training, and healthy relationships training. Marcus is active in cultural, ceremonial and social activities and is a powwow announcer. He is the father of three sons and lives in Billings Montana.

Agenda

Gathering of Native Americans (GONA)

Tuesday, August 11, 2020

8:00 am	Registration
9:00 am	Opening Ceremony, Blessing, Introductions, Why We're Here
9:30 am	Overview of GONA
10:30 am	Break
10:45 am	Lessons of Belonging
Noon	Lunch (on your own)
1:30 pm	Lessons of Belonging cont'd
3:00 pm	Break
3:15 pm	Lessons of Mastery
4:30 pm	Closing
5:00 pm	Adjourn

Agenda

Gathering of Native Americans (GONA)

Wednesday, August 12, 2020

9:00 am	Drum Call and Opening Ceremony
9:30 am	Building Team
10:30 am	Break
10:45 am	Lessons of Mastery cont'd
Noon	Lunch (on your own)
1:30 pm	Lessons of Interdependence
3:00 pm	Break
3:15 pm	Lessons of Interdependence cont'd
4:30 pm	Closing
5:00 pm	Adjourn

Agenda

Gathering of Native Americans (GONA)

Thursday, August 13, 2020

9:00 am	Drum Call and Opening Ceremony
9:30 am	Building Team
10:30 am	Break
10:45 am	Lessons of Generosity
Noon	Lunch (on your own)
1:30 pm	Lessons of Generosity cont'd
3:00 pm	Break
3:15 pm	Utilizing Lessons from the GONA in Your Community
4:30 pm	Closing
5:00 pm	Adjourn