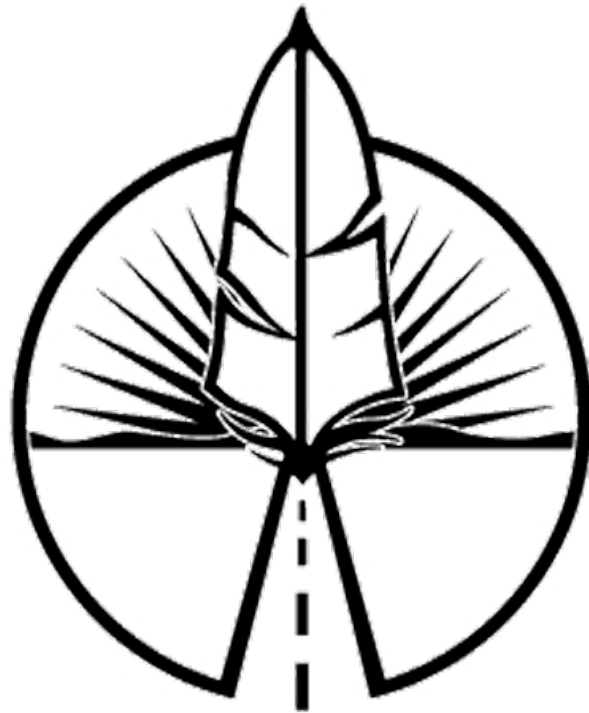


Gathering of Native Americans

April 16 - 18, 2019

Suquamish Clearwater Resort Casino

Suquamish, WA



NATIVE WELLNESS
Institute

Training provided by the Native Wellness Institute
www.NativeWellness.com

*The Native Wellness Institute exists to promote the well-being of
Native people through programs and trainings that embrace
the teachings and traditions of our ancestors.*

Meet the Trainer



Marcus Red Thunder (Cree)

Marcus was raised on northern Cheyenne reservation in Montana and is a trainer and consultant with the Native Wellness Institute. He has over 20 years of experience in Native wellness with special emphasis on men's, women's, and youth leadership, experiential education and training with culture coordinators in therapeutic group home settings, cultural competency training, and healthy relationships training.

Marcus is active in cultural, ceremonial and social activities and is a powwow announcer. He is the father of three sons and lives in Billings Montana.

Agenda

April 16, 2019



7:30 am	Registration
8:30 am	Opening Welcome, Prayer, Introductions Why We're Here: Using GONA as a Model for Suicide Awareness, Prevention and Healing
9:30 am	Building Team and Trust
10:30 am	Break
10:45 am	GONA History and Process
11:30 am	Creating Teams
Noon	Lunch (on your own)
1:30 pm	Historical and Intergenerational Trauma
2:30 pm	Break
2:45 pm	Looking at Suicide Through a Trauma Lens
4:30 pm	Closing Circle
5:00 pm	Adjourn

Agenda

April 17, 2019



8:30 am	Opening Prayer, Check-in, Ice-breaker
9:00 am	Intergenerational Wisdom and Healing When Dealing with Suicide
Noon	Lunch (on your own)
1:30 pm	Integrating Healing Programs in the Community
2:30 pm	Break
2:45 pm	Native Wellness: Living in Balance
3:45 pm	Tools for Living in Balance: Native Wellness
4:30 pm	Closing Circle
5:00 pm	Adjourn

Agenda

April 18, 2019



8:30 am	Opening Prayer, Check-in, Review, Ice-breaker
9:30 am	Suicide Awareness and Prevention Strategies
Noon	Lunch (on your own)
1:30 pm	Reviewing GONA Stages and Steps to Implement Community GONA
2:30 pm	Break
2:45 pm	Large Group Process
4:00 pm	Closing
4:30 pm	Adjourn

Training Evaluation



Gathering of Native Americans (GONA) Responding to Suicide April 16 - 18, 2019 Suquamish, WA

Please respond to the following statements and questions. Please circle one number for each statement or question. (Circle one)

	Agree				Disagree
1. Did the workshop meet your needs?	5	4	3	2	1
2. Trainer was informative and effective.	5	4	3	2	1
3. Topics were relevant and helpful.	5	4	3	2	1
4. Location of workshop.	5	4	3	2	1
5. Training manuals (If used) are useful.	5	4	3	2	1
6. Level of value you received by your attendance.	5	4	3	2	1
7. The training is culturally relevant?	5	4	3	2	1

8. Which topic was most helpful to you and why?

9. Would you recommend training to others? If yes, Why?

10. Provide feedback on the trainers using a 5 - 1 scale with 5 as best.

Trainer (s)	Knowledge	Preparation	Understand	Delivery	Helpful
Marcus Red Thunder	_____	_____	_____	_____	_____

Comments:

11. What other type of workshops or conferences would you suggest for the future?

12. Other Comments/Suggestions: