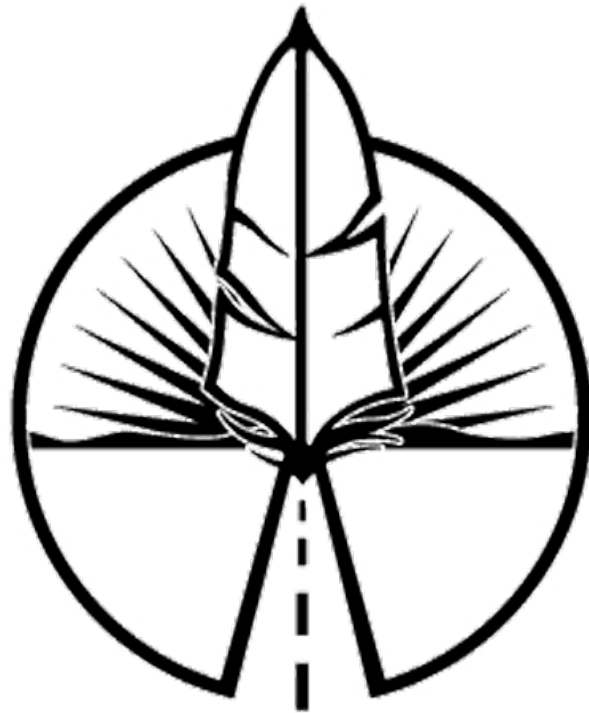


# Dealing and Healing from Loss and Grief

October 22 - 24, 2019

Las Vegas, Nevada



**NATIVE WELLNESS**  
*Institute*

Training provided by the Native Wellness Institute  
[www.NativeWellness.com](http://www.NativeWellness.com)

*The Native Wellness Institute exists to promote the well-being of  
Native people through programs and trainings that embrace  
the teachings and traditions of our ancestors.*

# Meet the Trainers



**Robert Johnston (Muscogee Creek/Choctaw)**

Robert Johnston (Coach Rob) is Muscogee Creek/Choctaw and comes from Mesa, Arizona. He is a coach, trainer, facilitator, and motivational speaker and has served indigenous communities throughout the world for over 15 years. He is a founding member of the Native Wellness Institute. He has trained youth leaders for NWI, UNITY, White Bison, and NCAI. His coaching style and techniques have been shared across the United States and New Zealand. In 2015 he received leadership awards from the Native American Basketball Invitational Foundation and the Arizona American Indian Excellence in Leadership. Robert heads the AZ Warrior basketball program where he has coached for 25 years. Robert's message is about wellness and healing at home, community, workplace and in sports.



**LoVina Louie  
Coeur d'Alene, Colville, Nez Perce**

LoVina is has a Bachelors of Science in Organizational Sciences with an emphasis in Community Wellness. She is a national trainer and facilitator in youth leadership development, strategic planning and community planning. Healthy Native Communities Fellowship Certification, PAK Physical Activity Kit Certified. Worked with youth and families in wellness for over twenty years. Developed the revolutionary exercise series "Powwow Sweat" and Co-directed the American Indian Film Festival and Red Nation Film Festival award winning music video "We Shall Remain".



**Charles Tail Feathers  
Cree, Blackfeet**

NWI Board of Directors. With 20 years for the Confederated Tribes of Warm Springs where he assisted in creating a family wellness court system. He also served as a Victim of Crime Advocate, Elders Advocate & Juvenile Advocate. He has provided training & technical assistance to tribal court systems. He has provided Native wellness and healing training in Indian country for over 35 years.

# Agenda

Dealing and Healing from Loss and Grief

October 22, 2019

Las Vegas, Nevada



7:30 am	Registration
8:30 am	Opening Ceremony, Blessing, Introductions, Ice-breaker
9:30 am	Building Trust
10:00 am	Break
10:15 am	What is Grief Stages of Grief
Noon	Lunch (on your own)
1:30 pm	Trauma, Pain and the Brain
3:00 pm	Break
3:15 pm	Healing from Grief
4:30 pm	Closing
5:00 pm	Adjourn

# Agenda

Dealing and Healing from Loss and Grief

October 23, 2019

Las Vegas, Nevada



8:30 am	Opening Ceremony, Welcome, Blessing, Check-in, Review
9:30 am	Building Trust
10:00 am	Break
10:15 am	Ghost Genes/Epigenetics
Noon	Lunch (on your own)
1:30 pm	Healing from Grief and Loss
3:00 pm	Break
3:15 pm	Community Healing from Grief and Loss
4:30 pm	Closing
5:00 pm	Adjourn

# Agenda

Dealing and Healing from Loss and Grief

October 224, 2019

Las Vegas, Nevada



8:30 am	Opening Ceremony, Welcome, Blessing, Check-in, Ice-breaker
9:30 am	Building Trust
10:00 am	Break
10:15 am	Culture and Grief
Noon	Lunch (on your own)
1:30 pm	Integrating Healing from Grief into Programming
3:00 pm	Break
3:15 pm	Healing from Grief
4:30 pm	Closing
5:00 pm	Adjourn