

Healthy Relationships

Training of Trainers

February 27 - 29, 2024

Barbie's Village

Portland, Oregon



Training provided by the Native Wellness Institute
www.NativeWellness.com

*The Native Wellness Institute exists to promote the well-being of
Native people through programs and trainings that embrace
the teachings and traditions of our ancestors.*



Healthy Relationships Training of Trainers

February 27, 2024

8:30 am	Registration Sign-in
9:00 am	Opening Ceremony Welcome, Blessing, Introductions, Why We're Here, Overview, Ice-breaker
9:30 am	Building Team and Trust
10:30 am	Break
10:45 am	Chapter 1: Introduction to Healthy Relationships
Noon	Lunch (on your own)
1:30 pm	Chapter 2: Recognizing Historical Trauma
2:30 pm	Break
2:45 pm	Chapter 3: Gender Differences
3:45 pm	How to be a Trainer
4:45 pm	Closing
5:00 pm	Adjourn



Healthy Relationships Training of Trainers

February 28, 2024

9:00 am	Opening Ceremony Welcome, Blessing, Check-in, Review, Ice-breaker
9:30 am	How to Use the Curriculum in Your Community
10:30 am	Break
10:45 am	Chapter Assignments and Practice
Noon	Lunch (on your own)
1:30 pm	Practice and Presentation Preparation
2:15 pm	Break
2:30 pm	Presentation I
3:15 pm	Feedback
3:30 pm	Presentation II
4:15 pm	Feedback
4:30 pm	Closing
5:00 pm	Adjourn



Healthy Relationships Training of Trainers

February 29, 2024

9:00 am	Opening Ceremony Welcome, Blessing, Check-in, Review, Ice-breaker
9:30 am	Team and Trust Building
10:00 am	Facilitation Skills
10:30 am	Break
10:45 am	Presentation III
11:30 am	Feedback
Noon	Lunch (on your own)
1:30 pm	Presentation IV
2:15 pm	Feedback
2:30 pm	Break
2:45 pm	Presentation V
3:30 pm	Feedback
3:45 pm	Q & A
4:30 pm	Closing
5:00 pm	Adjourn



Training Evaluation

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Online Training Evaluation

<https://www.nativewellness.com/training-evaluation.html>

Please respond to the following statements and questions.
 Please circle one number for each statement or question. (Circle one)

	Agree				Disagree
1. Did the workshop meet your needs?	5	4	3	2	1
2. Trainer was informative and effective.	5	4	3	2	1
3. Topics were relevant and helpful.	5	4	3	2	1
4. Training manuals or handouts (If used) are useful.	5	4	3	2	1
5. Level of value you received by your attendance.	5	4	3	2	1
6. The training is culturally relevant?	5	4	3	2	1
7. Which topic was most helpful to you and why?					
8. Would you recommend training to others? If yes, Why?					
9. What other type of workshops or conferences would you suggest for the future?					
10. Other Comments/Suggestions:					