



NATIVE WELLNESS
Institute

MARCH
11 - 13

Alohilani Resort
Waikiki Beach
Honolulu, HI

JOIN US —————

WORKPLACE WELLNESS & LEADERSHIP

The Workplace Wellness and Leadership training is intended for any tribal or urban Native organization employee who desires to further develop their leadership skills by integrating various wellness in the workplace focus areas into their program, tribe or agency. Each day will focus on a different area and the topics represent the most requested topics that NWI receives from Indian Country.

Day 1

Lateral Oppression and Lateral Kindness

Day 2

Conflict Resolution, Staff Mediation
and Reconciliation

Day 3

Cultural Connection, Building Team
and Self Care

- Lateral Oppression
- Lateral Kindness
- How Does Lateral Oppression Play Out in the Workplace
- Steps to Conflict Resolution
- Staff Mediation and Reconciliation Skill Development
- Cultural Connections in Community and Work
- Activities to Build Team and Trust
- Self Activities for Home and Work

A team of NWI facilitators will lead you through these topics and how you can take the teachings back to your place of work as well as use the tools for your own personal and professional growth and development.



For more information and to register visit
www.NativeWellness.com