



TRADITIONAL VALUES OF NATIVE YOUTH

Bravery

Bravery is demonstrating strength of heart in difficult or challenging times. Brave people are healthy risk takers.

- ✦ How can you show bravery and courage today?

Generosity

Generosity is giving without expecting anything in return. Giving your time, belongings, wisdom, and money are all examples of generosity.

- ✦ How can you show your generosity?

Peace Making

Peace making is a process of guiding people through their difficulties, creating agreements, and restoring harmony. Patience, listening, willingness, and compassion are building blocks of peace making.

- ✦ What are ways that you can make peace?

Wisdom

Wisdom is knowledge, experience, understanding, common sense, and insight coupled with good judgment. Anyone can be wise, including children, teens, adults, and elders.

- ✦ How do you show your wisdom?

Humility

Humility is the spiritual quality of knowing one's place in the world. Humble people give others credit and point out the good in them. They are confident, content, have high self-esteem, and receive praise in a respectful manner.

- ✦ How do you show your humility?

Spirituality

Spirituality is being connected to the earth and to all creations. It is having purpose in life and knowing who you are. Spirituality involves the deepest values and meanings by which people live.

- ✦ How do you express your spirituality?

Family

At the center of Native life is the family, including extended family members. Members of a family may not always be related by blood, and do not always live in the same household. Nurturing a family is one of our greatest responsibilities and joys.

- ✦ What is your sense of duty to family?