

Using the GONA Framework

March 9 - 10, 2021

9:00 am - 4:00 pm Pacific Time

Via Zoom

AGENDA



Training provided by the Native Wellness Institute
www.NativeWellness.com

*The Native Wellness Institute exists to promote the well-being of
Native people through programs and trainings that embrace
the teachings and traditions of our ancestors.*

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March 9, 2021

AGENDA

9:00 am	Opening Ceremony Welcome Blessing Introductions Overview of Training/Schedule Zoom Etiquette
9:30 am	History of GONA
10:00 am	4 Developmental Phases of the GONA Belonging
11:00 am	Break
Noon	4 Developmental Phases of the GONA Mastery Interdependence
2:00 pm	Break
3:00 pm	4 Developmental Phases of the GONA Generosity
3:55 pm	Closing
4:00 pm	Adjourn

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March 10, 2021

AGENDA

9:00 am	Opening Ceremony Welcome Blessing Introductions Review Ice-breaker
9:30 am	Belmont Process: What did you hear, think, feel
10:00 am	Planning for a GONA
11:00 am	Break
Noon	How to Implement a GONA
1:00 pm	Positive Community Change Challenges and Triumphs
2:00 pm	Break
3:00 pm	GONA Q&A
3:30 pm	Closing
4:00 pm	Adjourn