NATIVE WELLNESS Institute

WORKPLACE WELLNESS & LEADERSHIP

REGISTRATION FEE: $249
ONLINE VIA ZOOM

9:00 am - 4:00 pm **November 4 - 5, 2026**

This two-day online training is designed for tribal and urban Native organization employees who want to strengthen their leadership skills by weaving wellness practices into their programs, tribes, or agencies.

We'll cover some of the most requested workplace wellness topics from across Indian Country, with guidance from NWI facilitators. You'll leave with tools you can apply in your workplace and use for your own personal and professional growth.

Day 1: Lateral Oppression & Lateral Kindness, Cultural Connection
Day 2: Conflict Resolution, Staff Mediation & Reconciliation, Building Team & Self-Care

FOR MORE INFORMATION AND TO REGISTER VISIT WWW.NATIVEWELLNESS.COM